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WHO YA GONNA CALL?

EMERGENCY HELP

Police, Fire, Ambulance	000
Castlemaine Police	5470 4100
Suicide Helpline	1300 651 251
Domestic Violence Crisis Service (24hrs)	1800 015 188
Centre Against Sexual Assault, Bendigo (24hrs)	5441 0430 1800 806 292
Mental Health Triage (24hrs)	1300 363 788

FINANCIAL HELP

Centrelink Youth & Students' line	132 490
Centrelink ABSTUDY	1800 132 317

GENERAL HEALTH ISSUES

Castlemaine District Community Health (CDCH) - Youth Counselling Service	5479 1000
Castlemaine Health (Hospital)	5471 1555
Botanical Gardens Health	5472 1844
Lyttleton Street Medical Clinic	5472 3233
Mostyn Street Clinic	5472 1255
Nurse on Call	1800 606 024
Central Highlands After Hours Medical Service	1300 557 512

SEXUAL HEALTH/PREGNANCY

Youth Clinic (pregnancy testing/issues)	5448 1600
Family Planning Victoria	1800 013 952

MENTAL HEALTH/EATING DISORDERS/ COUNSELLING/ALCOHOL AND DRUGS/ YOUTH HOUSING

Castlemaine District Community Health (Counselling Service)	5479 1000
Lifeline (24 hrs)	13 11 14
Kids Helpline	1800 551 800
Anglicare	5434 3922
Headspace	5434 5345
Centre for Non-Violence	1800 884 038
Suicide Bereavement Support (StandBy Response Service)	0439 173 310
Eating Disorder Clinic Bendigo	5454 7753
Gay and Lesbian Switchboard	1800 184 527
Alateen	1300 252 666
Youth Substance Abuse Service	1800 458 685
Castlemaine Housing Service Youth Support	5479 1082



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EDUCATION & TRAINING

Bendigo TAFE	1300 554 248
Bendigo TAFE (Castlemaine Campus)	5471 1901
CVGT (Apprenticeships & Traineeships)	5449 2000
La Trobe University, Bendigo (Student Services)	5444 7223
Castlemaine Secondary College	5479 1111
Castlemaine Continuing Education	5472 3299

INDIGENOUS SUPPORT AND SERVICES

Bendigo & District Aboriginal Cooperative	5442 4947
Nalderun	5479 1000

OTHER ASSISTANCE

Victims of Crime	1800 819 817
Salvation Army Castlemaine	5470 5389
Salvation Army Crisis Help	1800 627 727
Young Carers Victoria	1800 242 636
Mens Line	1300 78 99 78

YOUTH GROUPS/ORGANISATIONS

MOUNT ALEXANDER SHIRE COUNCIL:

Youth Development Officer	5471 1826
Youth Advisory Group	5471 1826
FReeZA Committee	5471 1743
WayOut (Suicide Prevention program that targets SSAGD), Bendigo	5434 5345
Macedon Ranges	5421 1666
XtremeInc. Youth Projects	0402 087 949

LEGAL SUPPORT

Mount Alexander Community Information Centre	5472 2688
Victoria Legal Aid	1300 792 387
Loddon Campaspe Community Legal	1800 450 909
Youth Law Melbourne	9611 2412

DISABILITY

Disability Services	1800 783 783
Windarring	5472 1599

WEBSITES

www.headspace.org.au
www.reachout.com.au
www.xtremeinc.org

www.youthbeyondblue.com
www.youthcentral.vic.gov.au



**Castlemaine District
Community Health**
Facilitating Better Health